



LAUNCH YOUR FUTURE

Work Experience

Make a list of your job experiences, include duties and accomplishments you had in each.

Organization:

Job Title:

Dates:

Duties:

Accomplishments:

Organization:

Job Title:

Dates:

Duties:

Accomplishments:

Organization:

Job Title:

Dates:

Duties:

Accomplishments:

Organization:

Job Title:

Dates:

Duties:

Accomplishments:

Volunteer and Extracurricular Experiences

Make a list of your volunteer & Extracurricular experiences, include duties and accomplishments you had in each.

Organization:

Job Title:

Dates:

Duties:

Accomplishments:

Organization:

Job Title:

Dates:

Duties:

Accomplishments:

Organization:

Job Title:

Dates:

Duties:

Accomplishments:

Make a list of your Skills and Achievements

What are things you are able to do? What are you good at? (Examples: Bilingual English/Spanish, build a website, tune up a car, cook meals, etc.)

Education Experiences

High School or GED:

Dates:

Did you graduate:

What classes did you take?

What activities were you involved in?

College:

Dates:

Degree:

What classes did you take?

What activities were you involved?

What degree program are you working toward at Chemeketa?

Other Trainings

List other trainings you have received. (For example: First Aid/CPR classes, Food Handlers Card)

Achievements

Make a list of your achievements. What things have you done that you are proud of? What honors have you received? What projects have you completed?

Self-Reflection Questions:

List three things you learned from the Learn More materials:

Additional questions or ideas:

My Next Steps are: